

K-State Research and Extension Southwind District
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Credit Report vs Score

Many people use the terms “credit report” and “credit score” interchangeably, but they are not the same. Your credit report is a detailed account of your credit history, while your credit score is a three-digit number signifying your credit-worthiness. You are entitled to three free credit reports per year, but you generally have to pay to view your score. Although a credit score is a useful piece of information, it is ultimately calculated using the information in your credit report. Therefore, paying for a credit score is typically unnecessary, but ensuring the accuracy of the underlying data in the report is crucial.

What is a credit report? Your credit report is a collection of all of your credit activities within the past 7-10 years. It includes your payment history for your credit cards and other loans such as auto loans and mortgages; public records related to your finances such as bankruptcies, tax liens, and court judgements; and a record of everybody who has looked at your report within the past two years. You can request one free credit report every year at [AnnualCreditReport.com](https://www.annualcreditreport.com) from each of the three main credit agencies: Equifax, Experian, and TransUnion. Companies use the information in your credit report to calculate credit scores.

What is a credit score? Your credit score is calculated using the information in your credit report. Financial institutions use your credit score to decide whether to offer you a loan or credit card. Your credit score also determines the interest rates and credit limits that financial institutions offer to you. Although many people believe they have one credit score, in fact everybody has several credit scores—different companies calculate your credit score in different ways. Your scores change constantly based on your financial activities. Regardless of the agency, your score will consist of five main components: payment history, amount of current debt, length of credit history, amount of new credit, and types of credit used. Companies use each of these components to calculate a three-digit score, ranging from a low around 300 to a high around 900, which again varies across different types of scores. In the United States, the most widely used credit score is the FICO score. Your credit score is not available for free through [AnnualCreditReport.com](https://www.annualcreditreport.com).

How can I improve my score? You can improve your score by paying your bills on time, using less of your available credit balance, not opening multiple credit accounts over a short period of time, keeping older credit cards open, and using different types of credit responsibly.

It is important to check your credit report regularly to make sure it is accurate and up-to-date. K-State Research and Extension *Check Your Credit* email program is free and registration is easy, visit southwind.k-state.edu under Upcoming Events.